

LIVE YOUR LEGACY

LEADERSHIP SUMMIT 2018

For Rising 10th-College Freshman Girls

Girls who attend the Summit will:

- find and use their authentic voice so they are seen, heard and valued.
- learn and practice new definitions of health, happiness, and success.
- lower stress and build confidence to be themselves no matter the challenge.
- take powerful steps in reaching their college, career and life goals.
- practice decision making, conflict resolution and communication skills with peers and adults even when they're upset and things are not working.
- participate in empowering and fun activities like hiking, yoga, white water rafting, ropes course, self-expressive arts, and more.
- design and present a purposeful project that sets them on a path for lifelong contribution.



Artist: Lauren Kennedy
Adapted with permission from Anais Bock



Meet mentors and professors in your field.



Move through your fears and reach great heights.



Make lasting friendships.